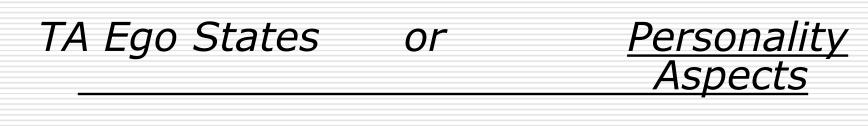
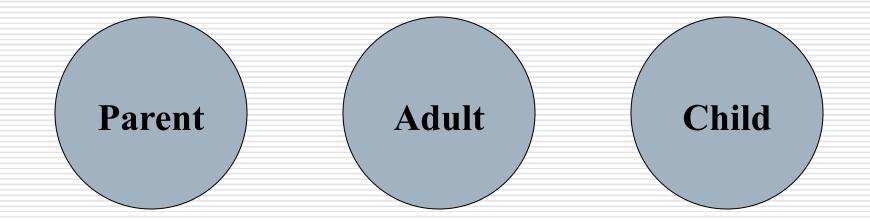
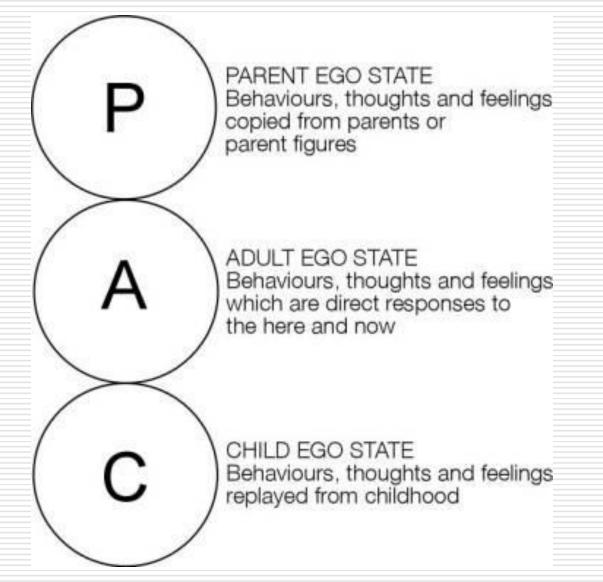
WELCOME Delegates

Transactional Analysis

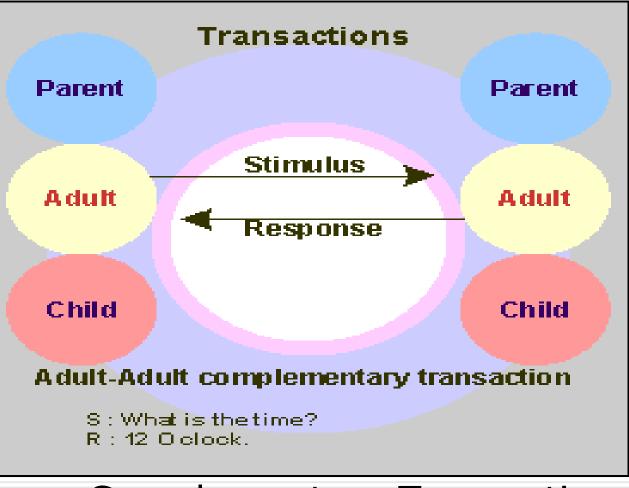




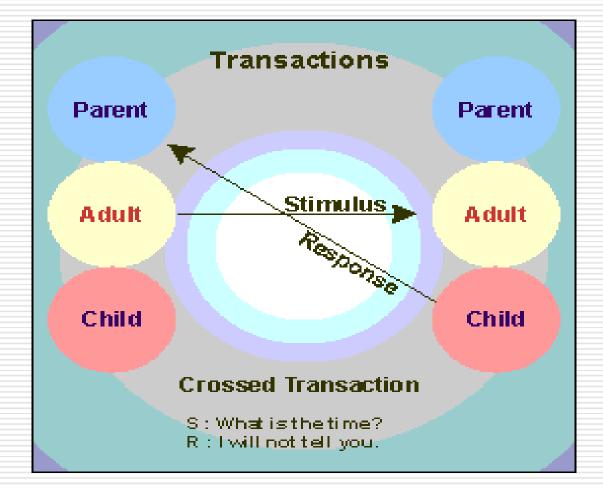
Ego States:



Kinds of Transactions:



Complementary Transaction



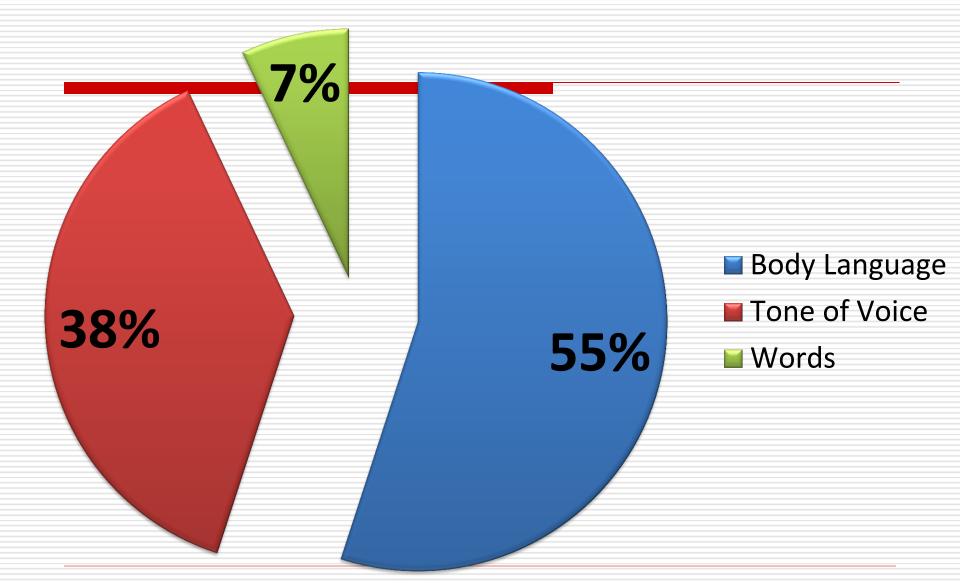
Crossed/ Blocked Transaction



of

Communication

Visual Communication



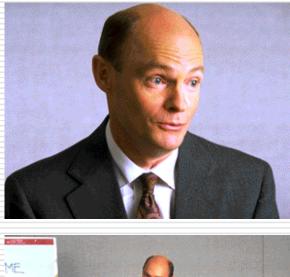
viewpoint

How are you seen by

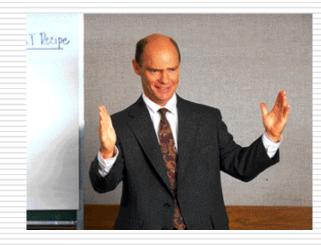
others?

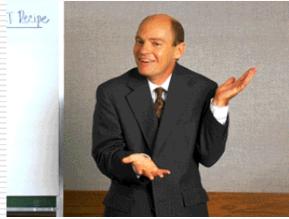
viewpoint

Non Verbal communication









Some more





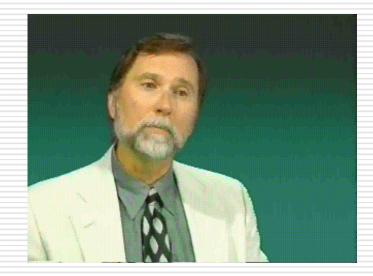




Dress

Communication of values and expectations through clothing and personal appearance

Does Appearance Matter?







Non-verbal communication

- Enhances semantic accuracy (the meaning of the words)
- Six main forms
 - Tone of voice
 - Gestures/body language/eye contact
 - Touch
 - Use of time
 - Use of objects/furniture
 - Dress and personal appearance

Common Nonverbals and Their Interpretations Darting Eyes Lying, bored, distracted, uninterested Crossed Arms Defensive, closed Tapping Fingers Nervous, impatient Leaning Forward Interested, Listening

Common Non verbals and Their Interpretations

Hands on Hips Angry, frustrated Raised Eyebrows Amazement, disbelief, interest Touching Face Lying, doubt, shocked, thinking Touching another's shoulder Comforting, identification, care, ???

Common Non verbals and Their Interpretations

Any more?:

Vocal Tones: How Words are Said

- Effective communicators:
- Do not mumble
- Display energy
- Vary tone and volume
- Emphasize key points with unique vocalizations
- Do not intone statements as if they were questions
- Practice how they speak, not just what they speak
- Speak confidently, but not in an intimidating way
- Speak slowly enough to be understood, fast enough to maintain interest

Communication skills

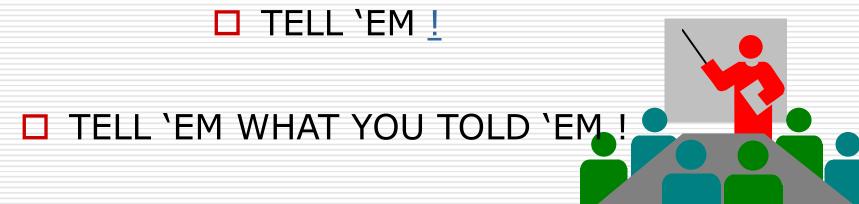
$\Box \underline{B} . \underline{E} . \underline{S} . \underline{T} . \underline{Recipe}$

- B ottom line
- Evidence
- <u>Summarize</u>
- Transit to next point

SPEAKING SKILLS:

A SIMPLIFIED FORMAT

□ TELL `EM WHAT YOU'RE GONNA TELL `EM !



SPEAKING SKILLS:

"Verbal communication is the most effective way to move from ideas to action, and from action to results."

SPEAKING SKILLS:

YOU NEVER GET A SECOND CHANCE TO MAKE A <u>FIRST</u> IMPRESSION !

- PROFESSIONAL DRESS
- □ CURRENT HAIRSTYLE, ETC.
- CONFIDENT, COMPETENT IMPRESSION
- SMOOTH, PREPARED, KNOWLEDGEABLE



□ Steps involved :

Opening the presentation

Conducting the presentation

Closing the presentation

Preparation

- Objectives of opening the presentation
- 1. To have undivided attention of the audience
- 2. To build rapport with the audience
- **3.** To state the theme of your presentation in terms of the needs of the audience

Opening the presentation

1. To have the undivided attention of the audience

First impression before the talk is through appearance and manner Dress appropriately-comfortably

Set the stage for the first words

Take deep breath Don't start until you have silence Establish eye contact Have enough room to move

1. To have the undivided attention of the audience (contd)

Opening remarks

- Must know by-heart
- Talk louder than normal

Mannerisms

- Avoid distracting mannerisms
- Empty pockets of keys, change etc.
- Don't walk up & down—caged animal
- Don't fix gaze on one section/individual

Opening few minutes are vital.

- Not only for what is said but also for how it is said
- This few minutes can win or lose the audience

Tips for good opener

Drama, curiosity, story, checklist/ a series of provocative questions can be used effectively

2. Build rapport with your audience

Complement the audience Genuine, specific—no empty praises

Demonstrate your competence Build your respect – without boasting

Radiate your enthusiasm Believe in what you are saying Voice modulation, occasional smile Expansive gestures

To state the theme in terms of audience needs

- Show how the points will meet the audience needs
- If several points are to be covered, inform audience
- A good beginning will crash through the "oh!Hum"
 Indifference, distractions, complacency

Conducting presentations

Objectives:

- 1. Present your ideas in detail
- 2. To have each point accepted
- 3. Keep the audience attention
- 4. To prevent or handle objections satisfactorily

Conducting the presentation

1. Present your ideas in detail

Ensure they know how the ideas meet their needs by:

By taking one need & show how it is satisfied by the idea By taking one idea & show how it satisfies a need

Present the subject, woven around the needs of the audience

Conducting the presentation

2. To have each of the point accepted

- Ensure it is understood & is seen to be of value
- Language is very important..Everyday English
- Explain by giving example or simile
- Appropriate gestures or actions
- Giving demonstrations
- Using visual aids
- Explain by giving example
- The validity of each idea will be questioned mentally you need to cite examples where they have worked

How to give <u>examples</u> or references

- Don't start with the example
- Ensure the reference used is a respected one
- Ensure the circumstances are sufficiently similar

 Tell your audience the desired objective obtained with the idea

- Using visual aids
 - OHP slides
 - PPT
 - Charts / white board
 - Video / audio

- Acceptance of idea is vital for presentation success ensure this by:
 - Tell them what your idea will do to them personally/ professionally, organizationally Tell them what this will do their friends/relatives
- Acceptance is not always visible. How to judge?
 - Constant observation—verbal/non-verbal signals asking questions

Conducting presentation

3.Keep the attention of the audience

It is usually in the middle the audience loses interest

- Use carefully timed attention getters
- Keep referring to how their needs will be satisfied
- Keep their eyes occupied
- Involve the audience by something to do
- Quote stories, examples from life

Conducting presentation

4. Handling objections

To prevent or handle objections satisfactorily

- Audience can have objections like face to face
- Present but it may not be voiced

Why do objections arise ?

- □ The needs of the audience are insufficiently explored
- □ The solution are proposed too soon
- The benefits are too general and not sufficiently related to the needs of the audience

Handling objections contd...

- To prevent or handle objections satisfactorily
 Anticipate & build answers in the presentation
 When the objections are due to invitation from speakers
 - Pause, don't jump to answer with cutting remark / rebuttal
 - Listen, note down, repeat question for others to hear
 - Check your understanding of question/objection
 - Acknowledge the objector has a point
 - Answer by concentrating on what the objector wants

Closing the presentation

□ Six techniques most frequently used

- 1. Closing by summarizing
- 2. Closing on a story coupled with request
- 3. Quoting from a poem coupled with request
- 4. Closing by directly asking for action
 - 5. Closing on an appeal of immediate decision
 - 6. Closing by offering a choice of alternatives

Action will only result if the presentation has been audience oriented from beginning to end

Importance of Preparation

- □ If you prepare your speech 95% of the fear of speaking will leave you.
- You need the other 5% to keep you humble!

The 9 P's

Prior Proper Preparation Prevents Poor Performance of the Person Putting on the Presentation"

Reduce your Speech Anxiety

- □ Know the room
- Know the Audience
- Know Your Material
- □ Practice before a mirror or close friends
- □ Learn How to Relax
- □ Visualize Yourself Speaking
- Don't apologize For Being Nervous
- □ Concentrate on Your Message not on audience
- □ Gain Experience

DOs and Don'ts

The visuals should

- Support the presentation
- Enhance your verbal message
- Not distract the audience

Non-verbal Communication –

- □ Speak slowly and use effective paralanguage
- Stand or sit straight; Don't lean
- □ Face people and maintain eye contact
- □ Keep your body open and don't forget smile
- □ If shaking, sit down or take support of the table
- Use appropriate gestures

Any Questions

?

Conclusion

Thank you