

Attitude

By

Deepak Bharara

Importance of Attitude

“The success of an individual, organization, or country depends on the quality of its people and their attitude”

“The greatest discovery of our generation is that human beings can alter their lives by altering their attitude of mind”

People can be biggest assets or biggest liability

Importance of Attitude

Today's world is of TQP

“Total Quality People”

People with character, integrity, good values and

A Positive ATTITUDE

The greatest buildings have strongest foundations similarly successful people has positive attitude

Importance of Attitude

“The study shows that 85 % people get jobs because of their attitude and 15 % on how smart they are in terms of facts & figures whereas 100% education times goes in teaching facts and figure which accounts for only 15%

Building positive attitude is never taught in our education system”

If attitude is such a critical factor in success, shouldn't you examine your attitude towards life and ask how your attitude affect your Goals?

Importance of Attitude

“ our attitude determines how we look at a set back. To a positive thinker it could be stepping stone to success to a negative thinker, it could be stumbling block”

Great organizations are not measured by wages and working conditions, they are measured by the feelings, attitude and relationship of people

Factors that determines our attitude

The Three Primary Factors that determines attitude are

- Environment
- Experience
- Education

These are called the triple E's of attitude

“In a positive environment a marginal performer's output goes up. In a negative environment a good performer's output goes down”

Factors that determines our attitude

Environment consists of the following:

- Home
- School
- Work place
- Media/News papers/Magazines/Radio/ Movies
- Culture Background
- Religious Background
- Traditions & belief
- Social Environment
- Political Environment

All this creates a Culture which nurture our attitude, culture always goes top down never bottom up.

Factors that determines our attitude

Experiences

Our behavior changes according to our experiences in life with people or events

Education

Both Formal & informal education influence our attitude. The education should not teach us how to make a living but also how to live

The positive attitude people is caring, confident, patient and humble. They anticipate positive outcomes. They have high expectation from self and others

This could be the attitude towards work...

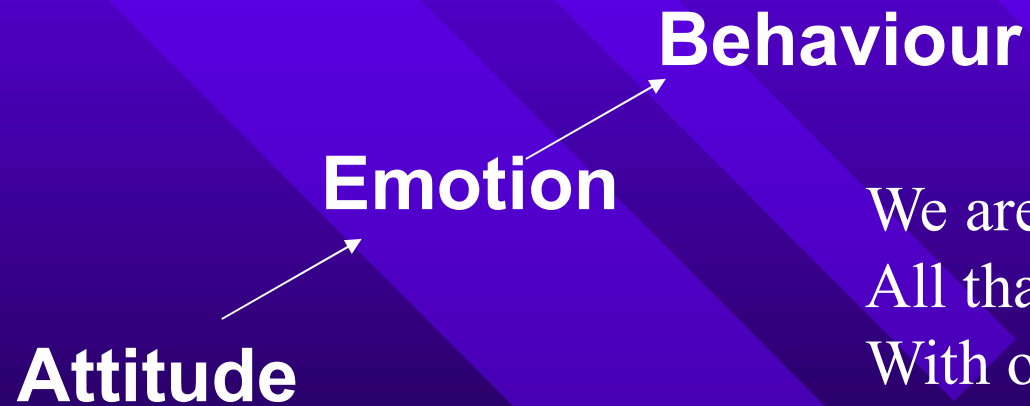
I want to enhance the managerial skill & professional effectiveness for personal as well as organisational growth and would need in-puts on

- *tools for problem solving*
- *tools for building strategy*
- *tools for implementation & measurement*

This could also be the attitude...

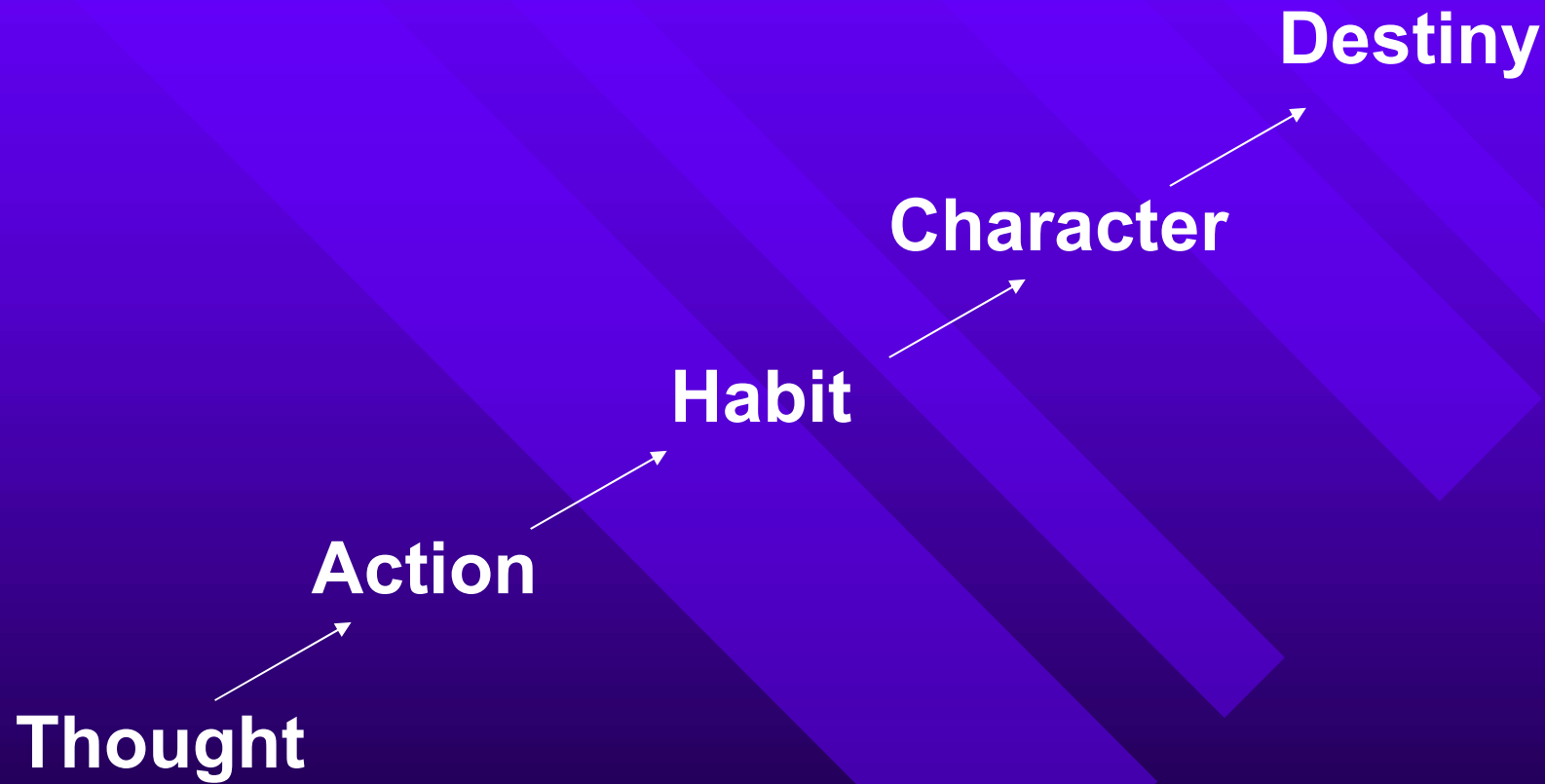
- my current skills & knowledge level is enough
- I don't need this kind of in-put
- The problem is with my boss/colleagues/subordinates
- It is our organization that is the culprit

Attitude-Behaviour Continuum



We are what we think.
All that we are arises
With our thoughts.
With out thoughts ,
We make our world
-The Buddha

Your Life Destiny in Your Hands



RIGHT ATTITUDE FOR SUCCESS

IDEAS
+ DECISION
+ ACTION
=> SUCCESS

ATTITUDE

IT MEANS SCORING A CENTURY !

A + T + T + I + T + U + D + E

= 1 + 20 + 20 + 9 + 20 + 21 + 4 + 5

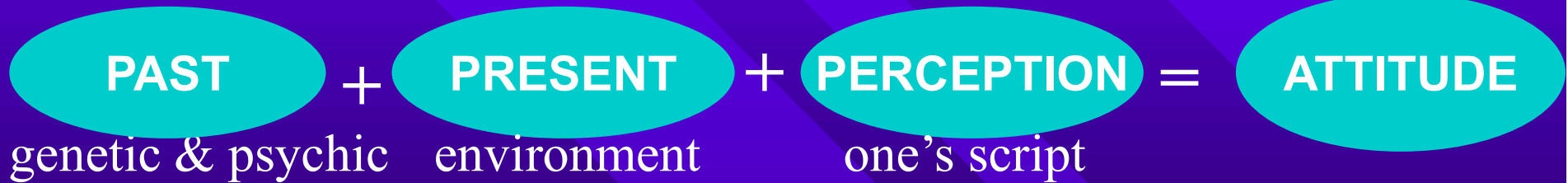
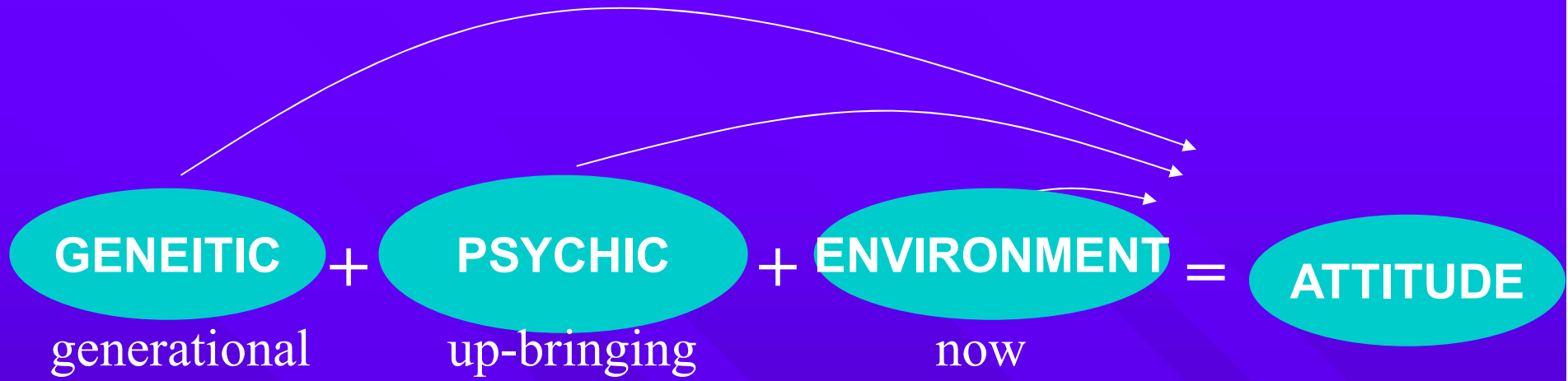
ATTITUDE



ALTITUDE

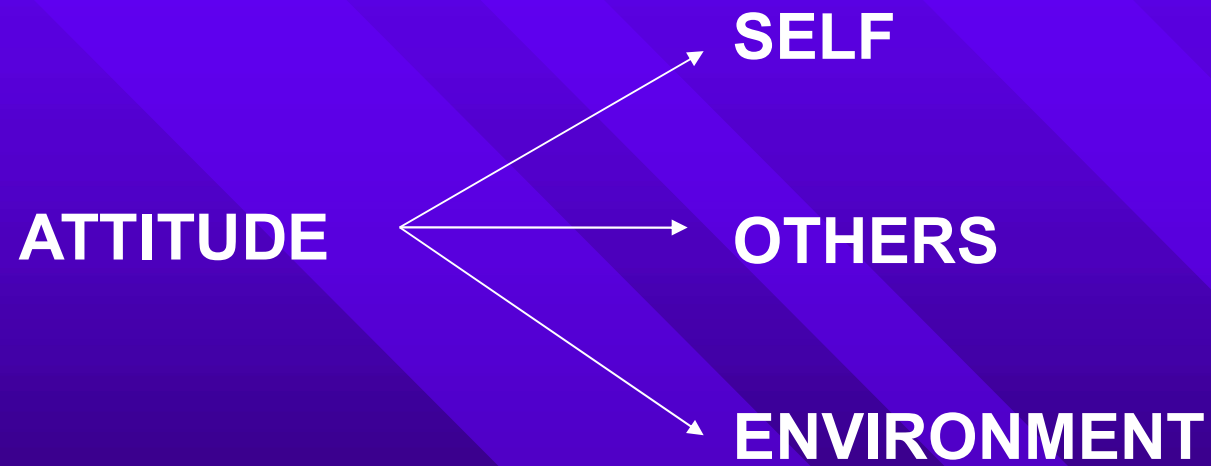
Defining the word

A component of emotional intelligence which is a vital set of learnable psychosocial skills that shape the way we work the way we respond to situations, our relations with others and our own selves.



IT IS A DYNAMIC PHENOMENON

ATTITUDE



Benefits of a positive attitude

- Increase in Productivity
- Foster Team work
- Solves problems
- Improved quality
- Makes congenial and healthy environment to give best
- Increase profits
- Makes a pleasing personality
- Better relationship with external world

Consequences of Negative attitude

- Bitterness
- Resentment
- A purposeless life
- High Stress level
- Liability to the Society
- Passing of negative behavior to other

People knowing fully well about their negative attitude don't change because of Resistance to change. Change is uncomfortable and painful. We prefer to stay with negatives attitude, as we start feeling comfortable with that attitude

Steps to build a positive attitude

- Become aware of the principles that builds a positive attitude
- Desire to be positive with high self esteem
- Cultivate the discipline & dedication to practice those principles
- Start taking the ownership in what ever we do
- Stop blaming others and stay away from negative influences
- Start accepting responsibility & mistakes
- Convert mistakes into learning opportunities
- Getaway from the past, dust yourself off, to get to main stream
- Change focus, look for the positives/strengths
- Make a habit of doing it now
- Develop an attitude of gratitude
- Get into continuous education program

Action Steps

Be a Winner

- Be a Good Finder
- Start your day with a positive
- Make a habit of doing it now
- Develop a attitude of gratitude
- Get into continued education program
- Build positive self esteem
- Stay away from negative influences
- Learn the things that needs to be done

The background is a blue gradient, transitioning from a lighter blue at the top to a darker blue at the bottom. Overlaid on this gradient are several parallel diagonal stripes of a slightly darker shade of blue, running from the top-left towards the bottom-right.

THANK YOU